Abstract of the Disclosure

footwear comprising a sole for ng an inner surface and an outer surface including a heel sponge like material disposed adjacent the inner surface over a majority of the sole remote from a sheet of material covering the inner surface and like material, a cylindrical like passageway disposed in the sole in communication with the sponge material and an exterior of the heel adjacent a back of the and a one-way air noise-maker disposed in the passageway adjacent the exterior of the heel, the noisemaker enabling the sponge material to draw air therethrough after a step is taken and the spongelike material is deflated to inflate the sponge like material without emitting noise and to make noise by air passing therethrough when a step is taken and the spong material is deflated thereby providing only a single noise per step of a person wearing the footwear.